

'JOCKEY & WORK RIDER COACHING SESSIONS'

FOR SCOTLAND & THE NORTH...

Joe Foley-Corah (Jockey Coaching Manager) and Brian Harding, Former Professional Jockey & Highly Regarded Jockey Coach, in partnership with The SRA, are set to provide a number of 'Coaching Sessions' for all Jockeys and Work Riders in Scotland and the North, free of charge.

Develop your horsemanship with experienced visual and oral feedback from Brian and Joe.

Tuesday 28th Sep'

'Three Coaching Sessions Available'

- 11:00AM - 1.00PM (Rider Positioning)
- 1:00PM - 3.00PM (Rider Positioning)
- 3:00PM - 5.00PM (Schooling Session*)

Tuesday 28th Sep' - 6:00PM - 9:00PM
Fitness Session & Keynote Speaker*

Wednesday 29th Sep'

'Four Coaching Sessions Available'

- 9.00AM - 11.00AM (Rider Positioning)
- 11.00AM - 1.00PM (Rider Positioning)
- 1.30PM - 3.30PM (Schooling Session*)
- 3.30PM - 5.30PM (Schooling Session*)



CONFIRM YOUR PLACE VIA LINK BELOW
<https://bit.ly/SRAJCPCoachingSessionRegistration>

Please Note: Spaces are limited for each session



Ian Stark Equestrian Centre (ISEC),
Scottish Borders

